



FOUR SECRETS TO

ENDING THE GLASS CEILING GAME...

FOR GOOD

An Interactive Keynote by
LeeAnn Mallorie
CEO, Leading in Motion
Author, Cuts & Grace



Leadership and innovation can be exhausting – especially when your project, your initiative or your very presence challenges the status quo. When a passionate woman is working hard to make a positive impact inside the mainstream culture, it's easy for her to start ignoring her body and intuition, in order to get ahead. This unconscious choice can lead to success in the short run... but in the long run it leads to self-sabotage that saps her energy, and ultimately becomes her biggest career-limiting move.

In this 1-2 hour interactive session, we explore how internalized glass ceilings can block a woman's effective participation at work, and reveal the top four ways female leaders unintentionally derail their own success. As a takeaway, attendees will learn practical, embodied leadership practices that realign them with the wisdom of their bodies, restore their native superpowers, and replenish their energy, so that they make a bigger impact – without burning out.

alternative talk titles...

Dismantling the Patriarchy Within:
Embodied Practices for Resilient
Leadership

Guts and Grace: Lead Consciously,
Dissolve Glass Ceilings and Dismantle
The Patriarchy Within

What?

A one-hour interactive keynote or two-hour workshop for female leaders, using embodiment, mindfulness and positive psychology to dismantle internalized patriarchal programming and empower the use of innate superpowers at work. Based on upcoming book *Guts and Grace: A Woman's Guide to Full Bodied Leadership*, to be published by Conscious Capitalism Press in fall of 2019.

Who?

For high-potential, innovative or at-risk women leaders, at all stages in their careers, who are passionately insisting on culture change, or are at risk of leaving or burning out.

Why?

Most companies attempt to retain and advance women in leadership by focusing on two areas: unconscious bias training and skills training – leaving out a critical third component: embodied transformation.

Looking for Results?

Our 9-month women's training recently received a 100% net promoter score. 30% of participants received a promotion within six months. 93% of reduced burnout and 93% increased their influence in the organization.

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LeeAnn's presentation to our women leaders was outstanding. She is engaging and motivational – inspiring my whole team to apply the tools back at work. I highly recommended her as a speaker!

/ TRACEY CURRERI, MATTEL INC./





LeeAnn Mallorie, founder and CEO of Leading in Motion, started her career in 2005 at a boutique consulting firm in the San Francisco Bay Area, as a coach and trainer to high-impact executives at organizations around the globe. After ten years transforming companies and watching her clients grapple with elusive topics like burnout, resilience, executive presence and true influence, she knew something huge was missing – the body.

Since then, she has invested her heart, mind and soul in learning how to bridge the “mind-body divide” at work. As a Master Somatic Coach majoring in full-system transformation, she has held space for hundreds of leaders and dozens of teams struggling to make that leap. Literally, to catch-up physically with the vision they have for themselves and the world around them.

Today, LeeAnn helps forward-thinking women (and men) who are driving change inside of their organizations, industries and

communities to impact more people and get better results... without burning out. She does this by teaching them how to access wisdom of their bodies, recover their native superpowers, and trust their intuition. Her clients consistently learn how to wield more power (and deliver stronger bottom-line results) in a way that’s effective, truly sustainable for them, and also good for the constituents they serve.

Organizations impacted by her work span a wide range of industries, including: NASA, Mattel, Campbells, Logitech, Zymergen, BDO, BCG, Morgan Stanley, M&T Bank, Enpro Industries, InstaMed, Agios Pharma, Roche, Kaiser, Navair, the Center for Government Research, the International Council of Ophthalmology and the Edna McConnell Clark Foundation.

She has spoken at conferences like: Conscious Capitalism, Wisdom 2.0, New York Bankers Association, the National Ovarian Cancer Coalition, the Permaculture Convergence, Inside Edge and Stanford’s Design for Dance.

"LeeAnn’s training has been pure magic for me – I am constantly amazed at how much more confident, powerful and resilient I am, as a result."

"For the first time in this job, I can really see the strengths that I bring to the team in action, and I feel more free to be myself."

/ PARTICIPANT REVIEWS /